

## Places to visit on the way

From Ducey, follow the rivers Sée and Sélune to reach the town of Pontaubault where you leave the green way.

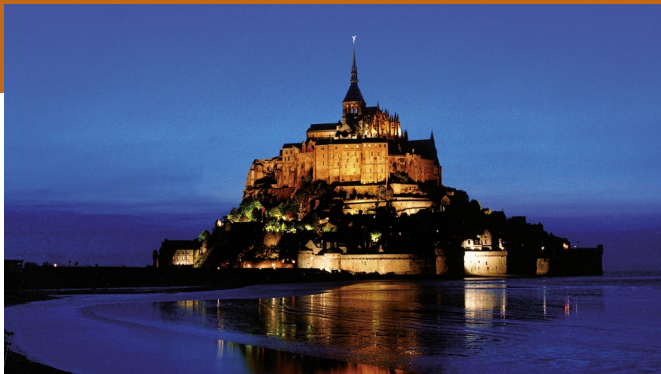


German Military Cemetery  
Huisnes-sur-Mer



Château des Montgomery  
(17<sup>th</sup> century) - Ducey

Then take the quiet country roads, offering unique views of the Bay and the Mont Saint-Michel, listed UNESCO World Heritage site since 1979. Cycle from one world to the other surrounded by a rich diversity of landscapes.



Mont Saint-Michel

- A Pontaubault**  
Nestled in the bay of Mont-Saint-Michel, the town is set along the Sélune estuary
- B La Roche Torin**  
Beautiful panoramic views of the Bay and the polders
- C Courtils**  
Romanesque church
- D Huisnes-sur-Mer**  
German Military Cemetery on Mont d'Huisnes
- E Le Mont-Saint-Michel**  
Offering a spectacular sight, the Mont-Saint-Michel, this famous rock crowned by a magnificent abbey, originally a church built in the 8<sup>th</sup> century, dominates the surrounding landscape. Visit : the abbey, the museums

## Information on cycle routes

### Tourist Offices and Visitor Centres

**Office de tourisme de Ducey**  
Rue du Génie  
Tel. 02 33 60 21 53  
ducey.tourisme@wanadoo.fr  
www.ducey-tourisme.com

**Office de tourisme du Mont Saint-Michel**  
BP 4  
Tel. 02 33 60 14 30  
ot.mont.saint.michel@wanadoo.fr  
www.ot-montsaintmichel.com



**Cycle Hire**  
**Le Val-Saint-Père**  
**Sport Evasion**  
Tel. 02 33 68 10 00

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## CYCLING TRAIL

from PARIS to the MONT-SAINT-MICHEL

## CYCLING IN NORMANDY

DISCOVER our SCENIC

... Historical

... Coastal

... Impressionist ...trails



### Useful Information

**Plan your trip and find out more**  
[www.normandy-tourism.org](http://www.normandy-tourism.org)  
[www.manchetourisme.com/medianet-uk.htm](http://www.manchetourisme.com/medianet-uk.htm)

Download on-line brochures for more cycling trails in Normandy:  
- **Calvados by bike:** [www.calvados-tourisme.com](http://www.calvados-tourisme.com)  
- **Manche by bike:** <http://www.mancherandonnee.com>  
- **Orne by bike:** [www.randonnee-normandie.com](http://www.randonnee-normandie.com)  
- **Eure by bike:** [www.eure-balades.fr](http://www.eure-balades.fr)  
- **Seine-Maritime by bike:** [www.seine-maritime-tourisme.com](http://www.seine-maritime-tourisme.com)

NORMANDY TOURISM BOARD  
14, rue Charles Corbeau - 27000 ÉVREUX (FRANCE)  
[www.normandy-tourism.org](http://www.normandy-tourism.org)



Ducey →

Le Mont-Saint-Michel

31 Km / 19 Miles  
2.35 hrs





Trail

7

# Cycling Trail

from PARIS to the MONT-SAINT-MICHEL

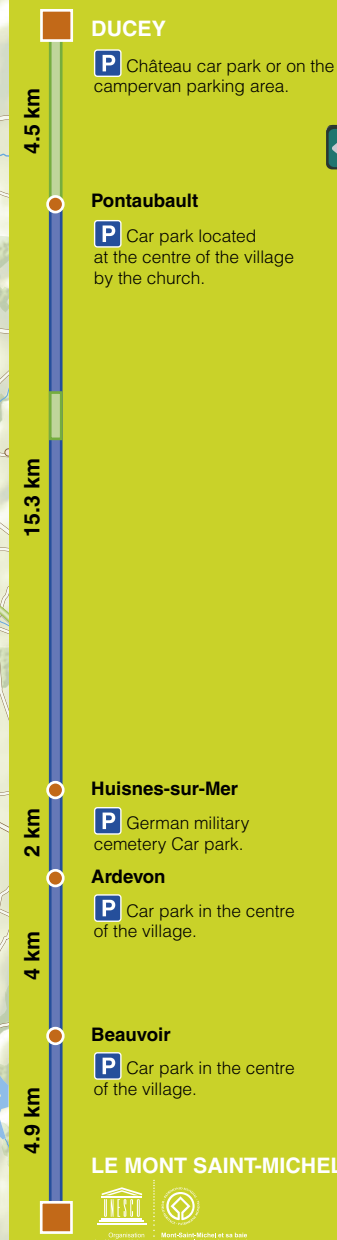


DISTANCE  
31 km  
19 Miles

TIME  
2.35 hrs



## Ducey → Le Mont-Saint-Michel



- Key**
- Level of difficulty:**
- Easy and accessible to all (generally very flat)
  - Moderate (gentle uphill)
  - Difficult (some steep climbs)

- ROUTES**
- Green ways
  - Cycling paths
  - Shared lane
  - Shared lane without road markings
  - Watch out!

- SERVICES**
- Tourist Office
  - Car park
  - Picnic Area
  - Accommodation\*
  - Cycle Hire
  - Shops and Refreshments
  - Station

- HERITAGE**
- Place of interest

\*Accommodation for cyclists located within 5 km of the cycling trail, members of a quality charter.

LE MONT SAINT-MICHEL  
Organisation des Regions Normandes pour le Mont-Saint-Michel et sa baie inscrit sur le Liste du patrimoine mondial de l'UNESCO